

Hello, If you are self-isolating, we can help.

We are a group of Councillors, council officers & community volunteers.

If you need help over the coming weeks, get in touch and we will do our best to help:

You can contact anyone on this list:

Gorseinon: Cllr Kelly 07791 832172 / Lucy 07816172116 /
Rev Adrian 01792 892849

Kingsbridge: Cllr Will 01792 895058

Penyrheol / Grovesend: Cllr Andrew 01792 417407 /
Cllr Jan 01792 417563 / Ronan (LAC) 07471 145353

Loughor: Cllr Christine 01792 896069 /
Cllr Rob 01792 898323 / Jo (LAC) 07810 506173

IF YOU SELF ISOLATE:
Maintain a healthy lifestyle.
Including proper diet,
sleep and exercise.

