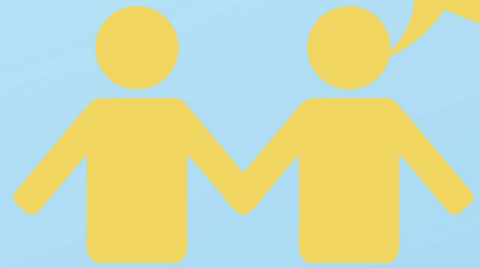


Hello, If you are self-isolating, we can help.

We are a group of Councillors, council officers & community volunteers.

Community Support



If you need help over the coming weeks, get in touch and we will do our best to help:

- groceries
- prescriptions
- regular phone calls offering a chat, advice & support

You can contact anyone on this list:

Gorseinon: Cllr Kelly 07791 832172 / Lucy 07816172116 / Rev Adrian 01792 892849

Kingsbridge: Cllr Will Evans 01792 895058

Penyrheol/Grovesend: Cllr Andrew 01792 417407/ Cllr Jan 01792 417563 / Ronan (LAC) 01269 842230

Loughor: Cllr Christine 01792 896069 / Cllr Rob 01792 898323 / Jo (LAC) 07810 506173

If you self isolate:
Maintain a healthy lifestyle. Including proper diet, sleep and exercise.



